

SCHOOL MEALS MENU SRING 2018

	Week 1 served w/c 8 th & 29 th Jan, 26 th Feb, 19 th March	Week 2 served w/c 15 th Jan, 5 th Feb, 5 th & 26 th March	Week 3 served w/c 22 nd Jan, 19 th Feb, 12 th March
M O N D A Y	Organic Beef burger in Homemade Bun Or Vegetable Pasta Bake Peas, Sweetcorn, Chipped Potatoes ***** Chewy Oat and Seed Bar Fresh Fruit & Yoghurt	V Quorn & Vegetable Fajita Broccoli, Sweetcorn & Potato Wedges Or Jacket Potato with Cheese & Salad Herbie Bread ***** Rhubarb & Apple Crumble & Custard Fresh Fruit & Yoghurt	V Margarita Pizza Veg Sticks & Fruity Pasta Salad Or Jacket Potato with Tuna and Salad Garlic Bread ***** Grannies Crunch & Quarter Orange Fresh Fruit & Yoghurt
T U E S D A Y	Bangers & Mash with Onion Gravy Medley of Vegetables Or Cheese Baguette with Wedges and Salad Crusty Wholemeal Baguette ***** Carrot Cake Muffin Fresh Fruit & Yoghurt	Chicken Korma with Rice Or Vegetable Mexican Wrap, Green Beans & Carrots Naan Bread ***** Treacle Sponge & Custard Fresh Fruit & Yoghurt	Bacon & Tomato Pasta Broccoli, Sweetcorn Or Egg Baguette with Wedges and Salad Wholemeal Bread ***** Apple Strudel & Custard Fresh Fruit & Yoghurt
W E D N E S D A Y	Roast Chicken with Sage & Onion Stuffing & Gravy Carrots, Savoy Cabbage, Roast Potatoes Or Jacket Potato with Tuna and Salad Sliced Wholemeal Bread ***** Rice Pudding & Mandarins Fresh Fruit & Yoghurt	Roast Pork, Apple Sauce & Gravy Savoy Cabbage, Swede, Creamed Potatoes Or Jacket Potato with Beans and Salad Herbie Bread ***** Digestive, Cheese & Grapes Fresh Fruit & Yoghurt	Beef Cobbler Medley of Vegetables, Sweet Potato Mash Or Vegetable Chilli & Rice Poppy Seed Bread ***** Date, Oat & Ginger Cookie with Glass of Milk Fresh Fruit & Yoghurt
T H U R S D A Y	Mexican Beef Chilli & Rice Peas & Sweetcorn Or Egg Baguette with Wedges and Salad Sunflower Seed Bread ***** Chocolate Pear Fudge Pudding with Chocolate Sauce Fresh Fruit & Yoghurt	Pasta Bolognese Peas & Carrots Or Tuna Baguette with Wedges and Salad Tomato Bread ***** Orange Brownie & Custard Fresh Fruit & Yoghurt	Chicken Stir Fry with Noodles Or Spinach Potato Bake Cauliflower & Roast Carrots Crusty Wholemeal Baguette ***** Lemon Drizzle Cake & Custard Fresh Fruit & Yoghurt
F R I D A Y	Fish Fingers Carrot Sticks, Apple Salad, Diced Potatoes Or Sweet Potato Soup with ½ Baguette Pitta Bread ***** Forest Fruits Flapjack Fresh Fruit & Yoghurt	Breaded Salmon Nibbles with Tomato Sauce Or Cheese Catherine Wheel Broccoli, Sweetcorn, Sauté Potatoes Oaty Brown Bread ***** Shortbread Finger & Yoghurt Fresh Fruit & Yoghurt	Battered Fish Peas, Coleslaw, Chipped Potatoes Or Jacket Potato with Cheese and Salad Sliced Wholemeal Bread ***** Raspberry Bun & Apple Wedge Fresh Fruit & yoghurt